



Bell Schedule

Block 1	8:00 - 9:12
Block 2	9:16 - 10:28
FLEX	10:28 – 10:59
Block 3	11:03 – 12:15
LUNCH	12:15 – 12:55
Block 4	12:59 – 2:11
Block 5	2:15 – 3:27



Fragrance Free

Reminder to all that SD43 is Scent Aware, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.

UBC BLACK FUTURES PROGRAM

Any students who identify themselves as Black, have the opportunity to apply for the "UBC Black Futures Program" There will be 4 zoom meetings after school and 2 UBC campus visits from now until May. If you are interested, please email Ms. Rai (mrai@sd43.bc.ca).

• The program will consist of four Zoom meetings held at 4:30 PM, and two face-to-face meetings. The first one will be via Zoom at 4:30 pm during the month of November. Students will also participate in all-day campus visits on two select Thursdays throughout the academic year. We will work with your school board and community partners for transportation.

MOVE4MANA

1 week into the challenge!

99 Lives SAVED!

Log your points!!

Wednesday @ lunch we have sock dodgeball! Come down to the grand hall at lunch with a clean pair of socks for a chance to win big!!



follow insta @hwssmove4mana and ask questions

PHOTO CLUB is hosting a HALLOWEEN Photo Booth



- *Come in Costume
- *Bring your Friends
- *Bring your Toonies





Could the following students please come to the office to see Ms. Hall

- Nick R.-Parking Pass
- Dylan E.-Student cards
- Julie H.-Student cards

- Forest M.-Certificate
- Tyler L.-Certificate

CLC12 MEETING TIMES

Hey grade 12's! Please attend your scheduled <u>FLEX</u> time according to the sectioned schedule below.

Ms. Fester	Rm 102
Ms. Gay	Rm 103
Ms. Lee	Rm 244
Ms. Saloustros	Rm Theatre
Ms. Nunn	Rm 109
Ms. Nunn	Rm 109
Ms. Jarvis	Rm Theatre
Mr. Baldus	Rm 311
Ms. Wood	Rm 202
Mr. Santarossa	Rm 203
Ms. Swanson	Library Computer Lab
	Ms. Gay Ms. Lee Ms. Saloustros Ms. Nunn Ms. Nunn Ms. Jarvis Mr. Baldus Ms. Wood Mr. Santarossa

English Department Halloween Short Story Contest!

Your entry must reflect one of the following idiom prompts:

- a) "Don't bite off more than you can chew..."
- b) "I kept my eye on him . . . "
- c) "It cost an arm and a leg..."

Submissions due: Friday October 28 to your English Teacher/Mrs. Ross

PRIZES: Best Overall (Senior) Most Original (Senior) Best Overall (Junior) Most Original (Junior)



All entries must:

- be approximately 500 words
- be original work

App of the week: slidesgo



Find online at the slidesgo website

What is the app?

Find pre-made PowerPoint presentations, just input your information

How much is it?

Free

special features

- Many different themes from math to christmas
- colours and symbols are easy to change and add
- Easy to export

For more information on how to use the app, check out the @hwss.tech.talks Instagram

CLUBS





about: a safe space for students, regardless of sexuality or gender identity. we do events like TV watch parties, bingo, charity fundraisers, and more (and we have snacks)! the focus is to be a fun, chill environment for all students.

when: meetings on tuesdays at lunch

where: room 311



questions? DM @hwsskodiakpride on Instagram!

HWSS Curling Club

First Meeting: Friday, October 28th

Interested in trying something new?

Come to the first meeting to find out more information

Room #: 202 at LUNCH

Practices: Tuesdays/Thursdays @ Port Moody Rec Center

Everyone is welcome!



THURSDAY'S AT LUNCH IN ROOM 202

JOIN OUR OUILTING CLUB

BEGINNER TO ADVANCED LEVEL SEWING STUDENTS LOOKING TO GIVE BACK TO THE COMMUNITY BY DONATING HAND-MADE QUILTS TO OUR LOCAL CHILDREN'S HOSPITAL

GAIN VOLUNTEER HOURS!



Congratulations to our Robotics Club for a great performance at the Seaquam Season Opener last weekend



This weekend Elia, Logan, Tiago, and William who won season openers only losing one match and coasting to finals where they brought home the first tournament win for Heritage Woods... ever!

In addition to winning the tournament the boys also won the Excellence Award, presented to the team with the best overall robot, in the tournament, skills and judging categories.



Club Names & Sponsor Teachers

If you are interested in joining a club pls contact the sponsor teacher!

Art Club – Mr. Ting

Barz Club – Mr. Zenone

Book Club – Ms. Ferrer

Business Club – Mr. Sather

Chess Club – Mr. Sun

Creative Minds Club – Ms. Ross

Curling Club – Ms. Wood

Debate Club – Mr. Zenone

Dungeons and Dragons Club – Mr.

Blake/Ms. Nezil

Economics Club – Ms. Gilder

Enviro Club – Mr. Modder

First Responders – Mr. Baldus

History Club - Mr. Chaffee

Host Club – Mr. Chan

JA Business Club – Mr. Sather

Kodiak Pride – Ms. Leeden

KWAP Club – Ms. Nunn

Law Club – Mr. Aitken

Math Club - Ms. Weinkam

Multicultural Club – Ms. Lee

MUN – Mr. Chaffee

Pediatric Health Alliance - Mr.

Gleckman

Photo Club - Ms. Vickerson

Physics – Mr. Khalili

Quilting Club – Ms. Woods

Robotics – Mr. Au-Lange

CAREER



Upcoming Post-Secondary Information sessions:

• Oct. 26: U of Toronto 6pm in the library



Junior Firefighter Programs

Coquitlam Fire Rescue: March 10 - 17, 2023 (first week of Spring Break)

Port Moody Fire Rescue: April 20 - 23, 2023 (plus a few days before/after)

The Coquitlam School District is very excited to partner with both Coquitlam Fire Rescue <u>and</u> Port Moody Fire Rescue to offer two different firefighter academies this year!

It is open to SD43 high school students currently in grades 11 and 12.

The Junior Firefighting Programs will give the applicants a true understanding of the basic components both physical and educational of Fire Rescue's basic training for new recruits. The educational component will test the applicant's knowledge learned in the classroom of firefighting equipment, fire behaviour, the fire tetrahedron and the products of combustion, to name a few. The practical component of the program will test the applicant's strength, endurance and teamwork skills. Some examples may include: dragging charged hose lines, carrying ladders in a group, climbing the four-story hose tower and cutting up cars in teams using the "Jaws of Life".

The **Coquitlam** academy will be accepting 12 students and will run for 8 days (9.00am to 5.00pm) at the firehall located at 1300 Pinetree Way, Coquitlam.

The **Port Moody** academy will be accepting 4 students and will run for 4 days (8.00am to 6.00pm) at the firehall located at 150 Newport Drive, Port Moody. There will be a few more days before/after attached to this academy, those will be updated later.

There are three phases to being accepted: "completed (fillable .pdf) paper application", "fitness test" and "personal interview". A student must successfully complete all three components if they are to b considered for one of the 16 spots. It is a wonderful opportunity and experience!

Students are only able to participate in one of two offerings.

The application form for Spring 2023's academies will be available on November 1, 2022.

http://www.sd43.bc.ca/CareerPrograms/Pages/OtherLearningOpportunities.aspx#/=